

**Hope for Healthy Families Counseling Center**  
**8788 Elk Grove Blvd, Bldg 1, Suite L**  
**Elk Grove, California 95624**  
**Phone/Fax (916) 686-9209**

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 **CONSENT TO RELEASE CONFIDENTIAL INFORMATION** 

By signing this document, I, \_\_\_\_\_, hereby authorize the exchange of information between Hope for Healthy Families Counseling Center staff and

\_\_\_\_\_ at

\_\_\_\_\_, for the purpose of

\_\_\_\_\_.

I authorize information and records obtained in the course of my diagnosis and/or treatment to be disclosed.

Such disclosure shall be limited to the following specific types of information:

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

I understand that I have a right to receive a copy of this authorization. I also understand that any cancellation or modification of this authorization must be in writing. This authorization shall remain valid until

\_\_\_\_\_ or one year from the date of authorization.

Signature \_\_\_\_\_ Date \_\_\_\_\_

Signature \_\_\_\_\_ Date \_\_\_\_\_